

## 5 Winter Facials for a Frosty Glow

By Shruti Rajkumar | December 9, 2020 | [Style & Beauty](#)



Winter's big chill can make our skin look less than perfect. To protect it from the elements, treat yourself to a spa day and de-stress from the wild year we've all experienced. Here are some of our favorite treatments at local venues for the solstice and beyond.

### 1. Jan Marini Glycolic Peel Treatment

We love the team led by Michael Hodges at Logan 14 Salon Spa. For winter, they recommend the glycolic peel. The treatments work to smooth texture, fade the appearance of discoloration and minimize wrinkles. For at-home skincare, maximize



## 2. Dermaplane Pro Ageless Facials

Spa Logic near Dupont Circle has the cure with its selection of Dermaplane Pro facials and hydrojelly masks. Splurge on one of multiple 45- to 75-minute Dermaplane Pro facials that will scrape off the dry, dead skin that builds up year-round. *1721 Connecticut Ave. NW, 202.232.6475, [spalogicdc.com](http://spalogicdc.com)*

## 3. S + P Signature Facial

For 90 minutes, sit back and let your skin heal with an enzymatic steaming therapy, dermaplaning, a dermal infusion treatment, extractions, a soothing jelly mask and LED light therapy. Take a deep breath and release as the esthetician finishes the treatment with a facial and décolleté massage. *2440 M St. NW, Ste. 505, 202.810.7700, [spmedspa.com](http://spmedspa.com)*

## 4. Winter Skin Care Package

Because everyone's skin is different, INARI Salon & Spa puts clients' individual needs first to determine the right course of treatment. To ensure that you're quenching exactly what your skin thirsts, the spa offers a customizable winter skincare package that features options like designer peels, hydrating masks and LED therapy. Plus, master esthetician Mai Duong uses deep pore-cleansing and collagen-producing massage techniques, ensuring you leave looking and feeling your best. *1425 K St. NW, Ste. 102, 202.898.6350, [inarisalon.com](http://inarisalon.com)*

## 5. Le Grand Classique Facial and Green Peel Herbal Peeling Treatment

After 38 years of experience, Luigi Parasmò was no



minute Le Grand Classique facial is best. If you're looking for a bit more, try the Green Peel herbal peeling treatment. Created 60 years ago by a German doctor, Christine Schrammek, the peel treats various skin problems and achieves clean and even toning with herbal plant mixtures. The treatments promote skin regeneration, renewal and nourishment, as well as increased blood circulation. All of this is achieved in two visits over five days. 1510 Wisconsin Ave. NW, 202.333.2244, [luigiparamosalon.com](http://luigiparamosalon.com)

TAGS: spa

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### Would you take health and wellness advice from Megan Fox? ⋮

Yes, I would

Maybe, I'm not sure

No, I would not

Other / No opinion

NEXT